

KS1 - Curriculum Map for Physical Education						
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 1	NOA Ball skills: sending, receiving and dribbling <i>Threads:</i> (Move and Feel) PE1/1.1a	NOA Dance: my moves, my brilliant body <i>Threads:</i> (Move and Connect) PE1/1.1a	NOA Gymnastics: individual movements and balances <i>Threads:</i> (Move and Think) PE1/1.1a	NOA Ball skills: pushing and striking <i>Threads:</i> (Move and Connect) PE1/1.1a	NOA Locomotion: running and jumping <i>Threads:</i> (Move and Feel) PE1/1.1a	NOA Ball skills: pushing and striking <i>Threads:</i> (Move and Connect) PE1/1.1a
	Complete PE <u>Ball Skills</u> <i>Feet</i> PE1/1.1b	Complete PE <u>Dance</u> <i>Growing/ The Zoo</i> PE1/1.1c	Complete PE <u>Gymnastics</u> <i>Wide, narrow, curled/ Body Parts</i> PE1/1.1a	Complete PE <u>Ball Skills</u> <i>Hands 1</i> PE1/1.1a	Complete PE <u>Sports Day Practice</u> <u>Locomotion</u> <i>Running/ Jumping</i> PE1/1.1a	Complete PE <u>Ball Skills</u> <i>Hands 2</i> PE1/1.1a
Year 2	NOA Ball skills: passing, dribbling and scoring <i>Threads:</i> (Move and Think) PE1/1.1a	NOA Dance: my world, weather <i>Threads:</i> (Connect and Move) PE1/1.1a	NOA Gymnastics: linking movements and balances <i>Threads:</i> (Think and Move) PE1/1.1a	NOA Ball skills: hitting and striking <i>Threads:</i> (Move and Think) PE1/1.1a	NOA Locomotion: running, jumping and dodging <i>Threads:</i> (Move and Feel) PE1/1.1a	NOA Ball skills: hitting and striking <i>Threads:</i> (Move and Think) PE1/1.1a
	Complete PE <u>Ball Skills</u> <i>Feet</i> PE1/1.1a	Complete PE <u>Dance</u> <i>Water/ Explorers</i> PE1/1.1c	Complete PE <u>Gymnastics</u> (Flexibility, Strength, Control. Simple movement patterns) PE1/1.1a	Complete PE <u>Ball Skills</u> <i>Hands 1</i> PE1/1.1a	Complete PE <u>Sports Day Practice</u> <u>Locomotion</u> <i>Dodging</i> PE1/1.1a	Complete PE <u>Ball Skills</u> <i>Hands 2</i> PE1/1.1a

Physical education programmes of study: Key Stages 1 and 2 National curriculum in England

Lower KS2 - Curriculum Map for Physical Education

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 3	NOA Invasion games: principles of attack and defence in netball <i>Threads</i> (Move and Think) PE2/1.1f	NOA Dance: my word links to language <i>Threads</i> (Move and Feel) PE2/1.1f	NOA Gymnastics: movements, balances and sequence composition <i>Threads</i> (Think and Move) PE2/1.1f	NOA Net and wall games: tactics and strategies to overcome an opponent <i>Threads</i> (Move and Feel) PE2/1.1f	NOA Athletics: athletic challenges <i>Threads</i> (Think and Move) PE2/1.1f	NOA Striking and fielding games: fielding vs batting <i>Threads</i> (Move and Feel) PE2/1.1f
	Complete PE Invasion - OAA <i>Netball</i> <i>Football</i> PE2/1.1b	Complete PE Dance <i>Wild Animals</i> PE2/1.1d	Complete PE Gymnastics <i>Symmetry & Asymmetry</i> PE2/1.1c	Complete PE Net/ Wall <i>Tennis</i> PE2/1.1b	Complete PE Sports Day Practice <i>Athletic Events</i> PE2/1.1b PE2/1.1f	Complete PE Striking & Fielding <i>Cricket</i> PE2/1.1a PE2/1.1e
Year 4	NOA Invasion games: maintaining possession and stopping an attack in ball games <i>Threads</i> (Move and Connect)	NOA Dance: traditional dances of the British Isles <i>Threads</i> (Think and Move) PE2/1.1f	NOA Gymnastics: symmetry and asymmetry <i>Threads</i> (Think and Move)	NOA Invasion games: maintaining possession and stopping an attack through basketball <i>Threads</i> (Move and Think)	NOA Athletics: athletic challenges developed <i>Threads</i> (Feel and Move)	NOA Striking and fielding games: tactics and strategies through racing rounders <i>Threads</i> (Move and Think)
	Complete PE Invasion - OAA <i>Netball</i> <i>Football</i> PE2/1.1b	Complete PE Dance <i>Cats</i> PE2/1.1d	Complete PE Gymnastics <i>Bridges</i> PE2/1.1c	Complete PE Net/ Wall <i>Tennis</i> PE2/1.1b	Complete PE Sports Day Practice <i>Athletic Events</i> PE2/1.1b PE2/1.1f	Complete PE Striking & Fielding <i>Cricket</i> PE2/1.1a PE2/1.1e

Physical education programmes of study: Key Stages 1 and 2 National curriculum in England

Upper KS2 - Curriculum Map for Physical Education

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 5	NOA Invasion games: shooting, scoring and denying space in ball games <i>Threads</i> (Move and Think) PE2/1.1f	NOA Dance: your tag, everyday art <i>Threads</i> (Connect and Move) PE2/1.1f	NOA Gymnastics: counter balance and counter tension <i>Threads</i> (Move and Think) PE2/1.1f	NOA Net and wall games: tactics to overcome an opponent through tennis <i>Threads</i> (Move and Feel) PE2/1.1f	NOA Athletics: enhanced athletic challenges <i>Threads</i> (Move and Feel) PE2/1.1f	NOA Striking and fielding games: striking and fielding skills through cricket <i>Threads</i> (Move and Think) PE2/1.1f
	Complete PE <u>Invasion - OAA</u> Netball Football PE2/1.1f	Complete PE <u>Dance</u> <i>The Circus</i> PE2/1.1b	Complete PE <u>Gymnastics</u> <i>Counter balance and Counter Tension</i> PE2/1.1d	Complete PE <u>Net/ Wall</u> Tennis PE2/1.1c	Complete PE <u>Sports Day Practice</u> <u>Athletic Events</u> PE2/1.1b PE2/1.1f	Complete PE <u>Striking & Fielding</u> Cricket PE2/1.1a PE2/1.1e
					Swimming Lessons Terms 1-3 & 4-6 PE1/1.2a PE2/1.2a PE1/1.2b PE2/1.2b PE1/1.2c PE2/1.2c	
Year 6	NOA Invasion games: scenarios, tactics and power play through tag rugby <i>Threads</i> (Think and Move)	NOA Dance: the power of unity <i>Threads</i> (Connect and Move) PE2/1.1f	NOA Gymnastics: matching and mirroring <i>Threads</i> (Move and Think) PE2/1.1f	NOA Net and wall games: tactics to overcome an opponent through tennis <i>Threads</i> (Move and Feel) PE2/1.1f	NOA Athletics: athletic challenges refined <i>Threads</i> (Move and Feel) PE2/1.1f	NOA Striking and fielding games: striking and fielding tactics through rounders <i>Threads</i> (Move and Think) PE2/1.1f
	Complete PE <u>Invasion - OAA</u> Netball Football PE2/1.1f	Complete PE <u>Dance</u> <i>Carnival</i> PE2/1.1b	Complete PE <u>Gymnastics</u> <i>Matching and mirroring</i> PE2/1.1d	Complete PE <u>Net/ Wall</u> Tennis PE2/1.1c	Complete PE <u>Sports Day Practice</u> <u>Athletic Events</u> PE2/1.1b PE2/1.1f	Complete PE <u>Striking & Fielding</u> Cricket PE2/1.1a PE2/1.1e
					Swimming Lessons Terms 1-3 & 4-6	

		Children unable to swim 25m PE1/1.2a PE2/1.2a PE1/1.2b PE2/1.2b PE1/1.2c PE2/1.2c	
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Physical education programmes of study: Key Stages 1 and 2 National curriculum in England

National Curriculum Links - KS1 Sport & Games PE1/1.1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- **PE1/1.1a** Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- **PE1/1.1b** Participate in team games, developing simple tactics for attacking and defending.
- **PE1/1.1c** Perform dances using simple movement patterns.

National Curriculum Links – KS2 Sport & Games

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. (Apply intra competition to each term)

Pupils should be taught to: (Sports & Games) PE2/1.1

- **PE2/1.1a** Use running, jumping, throwing and catching in isolation and in combination
- **PE2/1.1b** Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounder's and tennis], and apply basic principles suitable for attacking and defending
- **PE2/1.1c** Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- **PE2/1.1d** Perform dances using a range of movement patterns
- **PE2/1.1e** Take part in outdoor and adventurous activity challenges both individually and within a team
- **PE2/1.1f** Compare their performances with previous ones and demonstrate improvement to achieve their personal best.



Swimming and water safety PE1/1.2/PE2/1.2

All schools must provide swimming instruction either in Key Stage 1 or Key Stage 2.
Pupils should be taught to: (End of Year 6)

- PE1/1.2a PE2/1.2a Swim competently, confidently and proficiently over a distance of at least 25 metres
- PE1/1.2b PE2/1.2b Use a range of strokes effectively E.g. Front crawl, backstroke and breaststroke
- PE1/1.2c PE2/1.2c Perform safe self-rescue in different water-based situations

Curriculum Coherence

We use threads to signpost groups of units that link to one another, that together build a common body of knowledge over time. We use the term thread, rather than concepts, themes or big ideas, because it helps to bring to mind the visual concept of a thread weaving through the curriculum.

Our PE threads that weave through both our primary and secondary curricula are:

Move: movement competence

Move: physical fitness

Move: application of tactics, strategies and compositional ideas

Move: performance and competition

Think: knowledge of rules, tactics, strategies and compositional ideas

Think: knowledge of healthy, active living

Think: decision making, problem solving and creative thinking

Think: evaluation, analysis and reflection

Feel: personal and emotional

Feel: engagement and enjoyment

Connect: teamwork and leadership

Connect: cultural and ethical awareness

These threads reflect Sport England's 'move', 'think', 'feel' and 'connect' framework, which is embedded throughout the curriculum. These threads align with the aims of the PE national curriculum to develop both the knowledge associated with PE and the whole pupil, not just their physical ability. For



example, pupils engage with the thread 'Connect: teamwork and leadership' in outdoor adventure activities units in key stage 2 whilst learning about collaboration and communication, and then in more depth in key stage 3, learning about developing trust, their awareness of others and how to problem solve as a team. These threads support pupils to become motivated, confident, habitual movers and potential sports performers. Common threads across our primary and secondary curricula can enable more effective transition, helping pupils to bridge their knowledge and understanding from primary to secondary.

