

# Newsletter 13th March 2026

'Let your light shine' Matthew 5:16



**KALEIDOSCOPE**  
Multi Academy Trust

## FROM THE HEADTEACHER

Good afternoon everyone,

This week has been a busy week as always. We have had forest school visits and have had some fun with science.

Each class teacher designed a 40 min science lesson that pupils rotated around during the morning experiencing lots of different science elements from aeronautical engineering (plane making) to water resistance and surface area in water.

We welcome Miss White as a new Lunchtime supervisor who will start on Tuesday and we are currently in interviews for a teaching assistant.

Today, Years 1, 4 and 5 enjoyed an interesting Bat workshop learning all about bats and their habitats, some in their local area. Thank you to Mrs Andrews and Mrs Leru for putting on a workshop about the Phonics Screening check later in the year giving parents a clear picture of the process.

This week in service, we visited the story of The Last Supper as we make our way through Lent to Easter.

Have a lovely weekend and see you all on Monday.

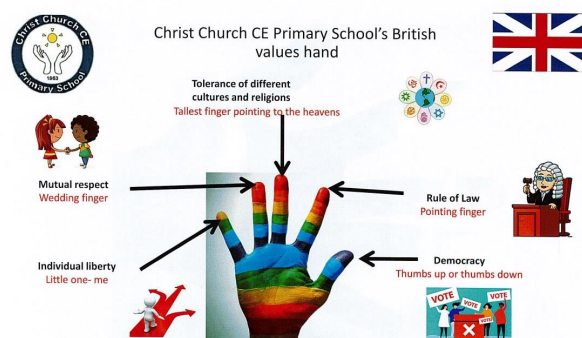
Regards

Mr James

## Work Experience Volunteers

Thank You!

We have had 3 amazing students join us this week for work experience. They have presented themselves extremely well and brought great enthusiasm. We wish them well for whatever they may choose to do when they finish school next year.



1 - Christ Church CE Primary School's British Values Hand



## The Importance of a Healthy Packed Lunch in Primary School

A healthy packed lunch plays a vital role in supporting a child's growth, learning, and overall well-being. Primary school children are at a stage where their bodies and brains are developing rapidly, and the food they eat directly impacts their energy levels, concentration, and long-term health. Even small changes make a big difference.

### Why is a Healthy Packed Lunch Important?

- **Boosts Concentration and Learning:** Nutritious meals provide steady energy, helping children stay focused during lessons.
- **Supports Growth and Development:** Essential vitamins, minerals, and proteins aid in physical growth and brain development.
- **Encourages Good Habits:** Introducing balanced meals early helps children develop lifelong healthy eating habits.
- **Reduces Risk of Illness:** A diet rich in fruits, vegetables, and whole grains strengthens immunity.

### What Makes a Healthy Packed Lunch?

A balanced lunch should include:

- **Protein:** Lean meats, boiled eggs, beans, or hummus for growth and repair.
- **Whole Grains:** Wholemeal bread, wraps, or pasta for sustained energy.
- **Fruit and Vegetables:** Apple slices, carrot sticks, cherry tomatoes for vitamins and fibre.
- **Dairy or Alternatives:** Low-fat yogurt or cheese for calcium.
- **Healthy Drink:** Water or milk instead of sugary drinks.

#### **Example Healthy Lunch Box:**

- Wholemeal sandwich with turkey and salad or alternative fillings.
- A small pot of low-fat yogurt
- A handful of grapes
- Carrot sticks
- Include a small sweet treat but not a bag of sweets

Here are example **practical tips for parents** to make healthy packed lunches easy and appealing:

#### **Tips for Packing Healthy Lunches**

1. **Plan Ahead:** Prepare ingredients the night before to avoid rushed choices in the morning.
2. **Include Variety:** Mix colours and textures—fruits, crunchy veggies, whole grains, and proteins.
3. **Make It Fun:** Use cookie cutters for sandwiches or add colourful fruit skewers to make lunch exciting.
4. **Limit Processed Foods:** Avoid high content sugary snacks; opt for natural alternatives like popcorn or fruit
5. **Portion Wisely:** Keep portions child-sized to prevent waste and overeating.
6. **Get Kids Involved:** Let children help choose fruits or assemble wraps—they're more likely to eat what they helped make.
7. **Balance Treats:** An occasional small treat is fine, but keep it minimal compared to healthy items.

## Important dates for the diary:

2021 Thursday		2021 Thursday	
08		TASKS	<input type="checkbox"/>
09			<input type="checkbox"/>
10			<input type="checkbox"/>
11			<input type="checkbox"/>
12			<input type="checkbox"/>
13			<input type="checkbox"/>
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15			<input type="checkbox"/>
16			<input type="checkbox"/>

### **Forest school dates for next week are;**

Tuesday 17th and Wednesday 18th March - Year 3

Tuesday 24th and Wednesday 25th March - Year 2

Tuesday 31st March and Wednesday 1st April - Year 1

Tuesday 21st and Wednesday 22nd April - Reception

### **Rags to Riches collection;**

Tuesday 17th March - any unwanted clothes welcome (not school uniform) please see below for what we do and do not collect.

### **Cinema Trips - These are free and we will be back to school in time for lunch, dates are;**

Tuesday 17th March - Years 1 & 2 - Bad Guys 2

Wednesday 18th March - Years 3 & 4 - Ocean with David Attenborough

Tuesday 24th March - Years 3,4,5 & 6 - How to train your dragon.

### **Red Nose Day!**

Friday 20th March - Children can come to school wearing something red or all red! Also if you would like to donate a small contribution to the charity please follow;

<https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=20730>

This is a comic relief parent pay link that will go straight to Comic Relief.

## Reports;

Friday 27th March - Reports will be sent out, except Year 1 due to changes in teaching mid year, however there will still be a final written report at the end of the year.

## Easter performance at Church

Wednesday 1st April - Y5 showing an Easter performance at church. Year 5 Parents/Carers welcome, our Easter performance starts at 10am at Christ Church

## Easter Egg Competition!

Thursday 2nd April - A reminder that all decorated hard boiled eggs need to be in school by Thursday 2nd April, our last day of term 4 to be included in the competition. There will be a 1st and runner up prize given out in service. Please do not put your name on your egg as children will complete a name card to put under the egg when it is displayed. Let your imagination run wild! We had some incredible entries in the past and we are very EGGcited to see what the children come up with this year!



*2 - Competition time!*



*3 - Rags to Riches what we can accept*



4 - Rags to Riches what we can't accept



5 - Wear red for Red Nose Day

Wear red for red nose day and click the parent pay link to make a small donation that will go directly to Comic Relief;

<https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=20730>



6 - Click the parentpay link to make a small donation

**EASTER TRAIL**

Weston Hospicecare

EGG HUNT

Saturday 4 April, 10AM- 1PM,  
**Uphill Village Hall**

Join us for Weston Hospicecare's Easter Trail  
 Westfield Road, Uphill, BS23 4XG  
**£5 per child**

Scan to register...

Complete the trail to claim your Easter Egg  
 One Activity Pack and Easter Egg per ticket

With thanks to...

optika OPTICIANS  
 www.optikaopticians.com  
 01934 642909

LIDL

UPHILL VILLAGE SOCIETY

Supporting Weston Hospicecare  
 Registered Charity No. 900328 | westonhospicecare.org.uk

7 - Uphill Village Society are running a family-friendly Easter Trail designed to be a fun, inclusive activity for children and their families on Saturday 4th April.

The HAF bookings for Easter half term have now gone LIVE!

If you are eligible please follow this link to book - Eequ · After school. In place of school. Beyond school.<sup>1</sup>

<sup>1</sup><https://eequ.org/northsomerset/haf>



# Happy Healthy Holidays Somerset

**Easter 2026**  
7th - 17th April



## Happy Healthy Holidays Somerset Easter 2026

### WHAT IS IT?

The Happy Healthy Holidays (HHH) programme offers free and fun activities with food, during the school holidays. The programme is government-funded through Somerset Council and managed by SASP.

### WHO IS IT FOR?

All HHH activities are funded and include a meal for any child or young person, aged 5-16 in receipt of benefit related free school meals (FSM) in Somerset.

### WHEN IS IT?

Bookings go live on Monday 2nd March at 10am. Activities start on Tuesday 7th April to Friday 17th April.

## HOW DO I BOOK?

- To book activities, parents and carers will need to have a booking code provided by their child's school or referrer.
- Parents/carers can use this code to book up to **4 days** of activities.
- Bookings go live on **Monday 2<sup>nd</sup> March at 10am** at [www.sasp.co.uk/happy-healthy-holidays](http://www.sasp.co.uk/happy-healthy-holidays)



✉ [hkh@sasp.co.uk](mailto:hkh@sasp.co.uk) ☎ 07843 816168 / 01823 653992 (Open 9am - 1pm)

## Term 4 after school club details:



Lego Club (Year 1, 2 3 & 4) Every Tuesday from 24th Feb - 31st March

Little Kickers (Reception, Year 1 & 2) Every Thursday from 26th Feb - 26th March

Multi-Sports Club - Mondays (Year 1 & 2), Tuesdays (Year 3 & 4), Wednesdays (Year 5 & 6)  
From 2nd March - 1st April

Art Club (Year 3, 4, 5, 6) Every Thursday from 5h March - 2nd April

Future Stars (all years) All week.

Just to remind families that Future Stars are managing the wrap around care at Christ Church, offering sessions from 3:15 till 6pm for just £7. This includes a snack. To sign up your child up please go to [www.futurestarscoaching.co.uk](http://www.futurestarscoaching.co.uk)<sup>2 3</sup>

They also offer school holiday care so please get in touch if you require help in the holidays.

- **Baker Street, Weston-Super-Mare, North Somerset, BS23 3AF**
- **Office@christchurchprimaryschool.org**
- **01934 620738**

Future Stars are available Monday to Friday for after school wrap around care until 6pm and also have Easter half term bookings open now!

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<sup>2</sup><https://www.futurestarscoaching.co.uk/>

<sup>3</sup><https://www.futurestarscoaching.co.uk/>



CHRIST CHURCH PRIMARY SCHOOL

# After School Child Care at Christ Church

Monday - Friday  
3.15pm - 6.00pm £7.00

★ Pay with Childcare Vouchers  
★ Pay via HMRC Tax Free Childcare

FUTURE STARS  
COACHING

SME  
Southern Enterprise Award 2020  
Future Stars  
Coaching Ltd.  
Best Sports Coaching  
Organisation 2020  
South West

Ofsted  
Registered

BOOK AFTER SCHOOL

A flyer for 'After School Child Care at Christ Church'. The background is a gradient from blue to purple. The title is in a large, white, rounded font. Below the title, the days and times are listed in a white box, followed by the price. There is an illustration of a diverse group of children holding a banner with three stars. Logos for Future Stars Coaching, SME award, and Ofsted are included. A red button at the bottom says 'BOOK AFTER SCHOOL'. Payment options are listed on the left.



## Cycling Sessions For Young People



We have availability on Saturdays for FREE 1:1 Cycle lessons for young people.

These sessions are perfect for young people needing an extra bit of support to develop their cycling skills

These 30 minute sessions take full advantage of our fantastic range of bikes, trikes & adaptive bikes to introduce cycle skills & develop further confidence.

Email [strawberrylineprojects@gmail.com](mailto:strawberrylineprojects@gmail.com) for more information

*8 - Strawberry Line Cafe and Cycle Project currently have funding to enable young people to develop their cycling skills, be that to learn to cycle, develop more cycling skills or to learn more skills to help them cycle independently. They are able to support young people with additional needs, disabilities, neurodiversity, those lacking confidence, young people facing health challenges and seeking ways to be more active to improve their health. Their aim is to encourage cycling and to help remove barriers to cycling that some families face.*

## Inset Days & Bank Holidays for 2025-2026:



### **The Inset dates confirmed are:**

Monday 1st June 2026

### **The bank holiday dates are:**

Friday 3rd April 2026 - Good Friday

Monday 6th April 2026 - Easter Monday

Monday 4th May 2026 - May Day

## Term Dates 2026-2027



**Term 1** –Thursday 3rd September 2026 INSET DAY

Friday 4th September 2026 INSET DAY

Term 1 begins Monday 7th September 2026 to Friday 23rd October 2026

**Term 2** - Begins Monday 2nd November 2026 to Thursday 17th December 2026

Friday 18th December 2026 INSET DAY

**Term 3** - Monday 4th January 2027 INSET DAY

Term 3 begins Tuesday 5th January 2027 to Friday 12th February 2027

**Term 4** - Monday 22nd February 2027 INSET DAY

Term 4 begins Tuesday 23rd February 2027 to Thursday 25th March 2027

**Term 5** - Begins Monday 12th April 2027 to Friday 28th May 2027

**Term 6** - Monday 7th June 2027 INSET DAY

Term 6 begins Tuesday 8th June 2027 to Friday 23rd July 2027

## Mystery Readers Wanted!



## Mystery Readers Wanted!

**Wednesdays @ 2:40pm**



Who is this  
masked  
reader???

### WHO?

All parents, older siblings, grandparents, relatives, or other special people! Surprise your child by being a "Mystery Reader" this year in our classroom.

### WHY?

Students LOVE having their family, friends, and relatives visit our classroom to share in our learning by reading a favorite story aloud to our class.

### WHAT?

Mystery readers can bring a book from home or read a teacher chosen book from our class library.

**Sign up here:**



*9 - PLEASE GET IN TOUCH IF YOU ARE INTERESTED IN GIVING US A BIT OF YOUR TIME, (USUALLY LASTS AROUND 20 MINUTES) WE WOULD BE VERY GRATEFUL IF YOU OR ONE OF YOUR FAMILY MEMBERS WOULD LIKE TO POP IN!*

Dear Parents / Carers,

Children LOVE having their family, friends and relatives visit their school to share in their learning. Beginning Wednesday 12th November, we would like to invite any parents, older siblings, grandparents, relatives, or other special people to surprise your child by being a 'Mystery Reader' in our classrooms.

Mystery Readers will visit us on Wednesdays at 2.40pm each week. However, if a Mystery Reader needs a different time to suit their schedule, we will be glad to accommodate if we can! Don't hesitate to get in touch with the class teacher on ClassDojo if this is the case.

Once you've signed up for a date to come and read to your child's class, you can start thinking of a book you would like to bring to read. If you don't have a book, we will gladly supply one for you.

Reading is highly valued in our classroom and inviting parents into our community of readers strengthens the home-school connection that is so important in helping the children grow as readers.

If you or someone in your family would like to participate, please complete this form:

<https://forms.gle/SXSqvZkULpPWLUPT6>

Your child's class teacher will then confirm the date with you via ClassDojo or through a phone call. Please wait for this confirmation before attending the school.

Your child will be SO excited that you or someone in your family participated, but remember to keep it 'top secret' until your big day arrives!

Thank you in advance for your help with this project

**Aaron Rogers** Key Stage 2 Leader English Coordinator

**WESTON LIBRARY NEWS**  
weston.library@n-somerset.gov.uk | 01934 426 010

**WELCOME TO 2026!**  
Term 3 - Monday 05 January 2026 to Friday 13 February 2026

**LIBRARY ACTIVITIES FOR PRIMARY AGED CHILDREN:**  
Arts & Crafts: Tuesdays, 4PM-5PM  
Great for after-school fun

**Lego Club:**  
Saturdays, 10:30AM-3PM  
Turn up and build!

**OUR OPENING HOURS:**  
Monday to Friday: 9AM to 6PM  
Saturday: 9AM to 4PM  
Sunday: CLOSED

**HOW DO I GET A LIBRARY CARD?**  
Come up to the desk and ask for a form to fill out. Children (under 16) will need an adult to add their details and act as guarantor. Adults will need to show ID. Joining the library is completely free!

**HOW MANY BOOKS CAN I HAVE?**  
You can take out up to 20 books on your card. You can keep these books for 3 weeks, and then you'll need to return or renew them - you can renew your books at <https://www.librarieswest.org.uk/> or get the Libraries West app.

**FOR YOUNGER CHILDREN:**  
Storytime: Tuesdays, 2PM-2:30PM  
Rhymetime: Thursdays, 10AM-10:30AM

Or just pop in and borrow some books (for free!) or DVDs (£1 hire charge)

Start off the New Year in the open air!  
Get active, have some fun, join in with a park run - every week, Sunday, 9AM.

There are Junior Parkruns in Weston and across the surrounding areas. To find out what run is nearest to you, go to:  
<https://www.parkrun.org.uk/events/juniorevents>

Get involved with Health Information Week

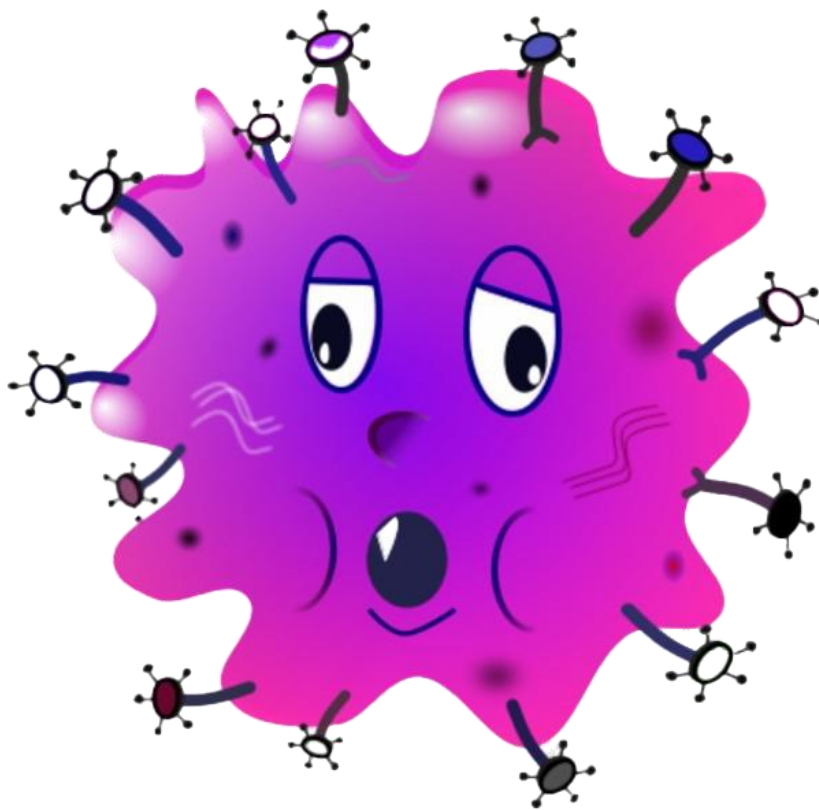


10 - Weston Library are looking to build more of a relationship between local schools and their library, especially as 2026 has been declared the National Year of Reading. We would like to increase engagement with reading and with the library as a whole, in hopes that children can find year-round and even life-long enjoyment in reading.



11 - Clickabook are a small dedicated company that's passionate about offering fantastic books at the best prices and have hundreds of new titles that are mostly priced at £1!

## Reducing the Spread of Illness / Flu Immunisation



Link to useful information from The Education Hub.

<https://educationhub.blog.gov.uk/2025/10/reducing-the-spread-of-illness-this-winter-seven-steps-to-healthier-schools-and-higher-school-attendance/>

PLEASE NOTE THAT SCHOOL FLU INMMUNISATION PROGRAM IS ON 14TH NOVEMBER.

**The flu vaccination is for all students from Reception to Year 11, please remember to complete the consent form whether you do or do not want the vaccination at <https://imms.sirona-cic.org.uk/flu/2025/consent?v=4>**

# Aspens Autumn Winter Menu 2025



These menus are loaded along with the Allergen free menus on the school's website -  
Parents - Lunch Menu

**FOOD FESTIVAL**

**LUNCHTIME**

WEEK 1  
Autumn Winter 2025/26  
RECIPIES: RECIPIES, RECIPIES, RECIPIES, RECIPIES, RECIPIES, RECIPIES, RECIPIES, RECIPIES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN EVENT</b>	Cheese and Tomato Pizza Slice with Wedges	Meatball Marinara Pasta	Roast Chicken, Stuffing, Skin on Roasties and Gravy	Bangers, Mash and Gravy	Golden Fish Fingers or Salmon Fingers and Chips
<b>NOO-FRO MAGIC</b>	Baked Sweetcorn Fritters with Wedges	Cheesy Pea Frittata with Pasta Salad	Roasted Vegetable Strudel, Skin on Roasties and Gravy	Veggie Bangers, Mash and Gravy	Cheesy Bean Wrap with Chips
<b>RAINBOW ALLEY</b>	Vegetable Sticks	Mixed Salad	Carrots and Cabbage	Mixed Greens	Peas
<b>BIG TOPPING</b>	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo
<b>DESSERT TROLLEY</b>	Butterfly Pastry Biscuits	Strawberry and Pineapple Jelly	Flapjack	Apple Cinnamon Buns	Brookie

**What Impact has your meal had on planet Earth today?**

**ANIMAL FRIEND**  
HELP SAVER ANIMAL, TREATS BAKED WITH, YOGURTS AND EGG FREE!

**PASTA TWIST**  
TOPPED PASTA NOO-FRO TOPPED WITH TOMORROW TOMATO SAUCE & CHEESE

**PRIMARY TRADITIONAL**

**FOOD FESTIVAL**

**LUNCHTIME**

WEEK 2  
Autumn Winter 2025/26  
RECIPIES: RECIPIES, RECIPIES, RECIPIES, RECIPIES, RECIPIES, RECIPIES, RECIPIES, RECIPIES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN EVENT</b>	Vegetable Lasagne	Creamy Chicken & Sweetcorn Pasta	Roast Gammon, Skin on Roasties and Gravy	Mild Chili Con Carne with Rice	Golden Fish Fingers and Chips
<b>NOO-FRO MAGIC</b>	Green Veg & Butter Bean Pie with Wedges	Veggie Whole Grain Pasta Bolognese	Cheddar & Broccoli Crustless Quiche	Vegetable Bean Chili with Rice	BBQ Veggie Wrap with Chips
<b>RAINBOW ALLEY</b>	Sweetcorn	Broccoli	Carrots and Peas	Mixed Greens	Baked Beans
<b>BIG TOPPING</b>	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo
<b>DESSERT TROLLEY</b>	Chocolate Popcorn Bars	Orange and Peach Jelly	Apple Tea Cake	Iced Vanilla Zombi Cake	Shortbread

**What Impact has your meal had on planet Earth today?**

**ANIMAL FRIEND**  
HELP SAVER ANIMAL, TREATS BAKED WITH, YOGURTS AND EGG FREE!

**PASTA TWIST**  
TOPPED PASTA NOO-FRO TOPPED WITH TOMORROW TOMATO SAUCE & CHEESE

**PRIMARY TRADITIONAL**

**FOOD FESTIVAL**

**LUNCHTIME**

WEEK 3  
Autumn Winter 2025/26  
RECIPIES: RECIPIES, RECIPIES, RECIPIES, RECIPIES, RECIPIES, RECIPIES, RECIPIES, RECIPIES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN EVENT</b>	Cheese and Tomato Pizza Slice with Wedges	Lasagne	Roast Pork, Skin on Roasties and Gravy	Chicken & Sweetcorn Pie with Mash	Golden Fish Fingers & Chips
<b>NOO-FRO MAGIC</b>	Roast Vegetable and Bean Stew with Wedges	Vegetable Ratatouille with Rice	Carrot & Stuffing Puff Pastry Flat, Skin on Roasties with Gravy	Macaroni Cheese	Vegetable Fingers with Chips
<b>RAINBOW ALLEY</b>	Mixed Vegetable	Sweetcorn	Roasted Roots	Peas	Baked Beans
<b>BIG TOPPING</b>	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo
<b>DESSERT TROLLEY</b>	Chocolate Brownie	Jelly	Eve's Apple Pudding	Muesli Bars	Vanilla Cookies

**What Impact has your meal had on planet Earth today?**

**ANIMAL FRIEND**  
HELP SAVER ANIMAL, TREATS BAKED WITH, YOGURTS AND EGG FREE!

**PASTA TWIST**  
TOPPED PASTA NOO-FRO TOPPED WITH TOMORROW TOMATO SAUCE & CHEESE

**PRIMARY TRADITIONAL**

## ATTENDANCE THIS WEEK



GATE OPENS: 08:35

REGISTER: 08:45

REGISTER CLOSES: 08:50 - **CHILDREN ARRIVING AFTER THIS TIME WILL BE LATE AND CLASSED AS AN UNAUTHORISED ABSENCE FOR THE MORNING. TEN OF THESE WILL RESULT IN A FINE.**

Please phone 01934 620738 or email the School Office on [office@christchurchprimaryschool.org](mailto:office@christchurchprimaryschool.org)<sup>4</sup> before 9am on each day of your child's absence with a reason. If they are unwell, we will need to know their symptoms and you may be asked to provide medical evidence. We also need to know of any absences as early as possible each day for the register to be updated for fire safety reasons.

The Whole School Attendance last week was 96% and this week was 92%. Lots of illness around at this time of the year.

<b>Getting your child to school on time really matters</b>		
<b>If in a school year your child is late everyday</b>	<b>Your child would have lost approximately</b>	<b>Or they would have missed approximately</b>
5 Minutes	3 days from school	16 lessons lost
10 Minutes	5 days from school	32 lessons lost
15 Minutes	8 days from school	48 lessons lost
20 Minutes	11 days from school	63 lessons lost
30 Minutes	16 days from school	95 lessons lost

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<sup>4</sup><mailto:office@christchurchprimaryschool.org>

# Should I keep my child off school?



## Yes

	Until...
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

## No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

**Advice and guidance**  
To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfoc>.

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## TIPS FOR FAMILIES



- 1 Encourage journaling**  
Just like Riley, encourage your older children and young people to express their emotions and thoughts through journaling. It can be less confronting than speaking out loud and is a helpful way to process what is going on.
- 2 Make space for reflection**  
When children and young people reflect on their different emotions, it can help them better understand themselves and what they need. Go for a walk, drive, or try some mindful colouring or baking together.
- 3 Be visual**  
Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings.
- 4 Practice mindfulness**  
Try mindful activities, and quiet family time, to enjoy being in the present moment. This can help children and young people be aware of their thoughts and emotions and learn a useful new coping technique.
- 5 Communicate**  
Feedback is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.

If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives – from FAQs to downloadable packs. [Here4You.co.uk](https://Here4You.co.uk)







Every week, Personal Best certificates are awarded to children who have been recognised for their hard work and fantastic attitudes. In the last two weeks the following pupils have received;

**Reception** - Dominic for moving on to a book with words.

Abi for super phonics during teaching including using phonics to read and write.

**Year One** - Piotr for being a positive role model.

Alex for showing great resilience and perseverance.

**Year Two** - Elham for being a fantastic role model.

Amelia for fantastic division work.

**Year Three** - Denis for being outstanding in P.E

Rupert for incredible general knowledge.

**Year Four** - Esmae for working on her spellings and handwriting at home all week.

Nikel for completing the phonics scheme and working hard on improving his handwriting.

**Year Five** - River for an incredible attitude to learning.

Lucy for being super helpful completing classroom jobs.

**Year Six** - Albie for consistently having a great attitude to learning.

Dominic for always given 100% to everything that he does.

## DOJO CERTIFICATES



Dojo points are Christ Church Primary School's own way of rewarding pupils for outstanding work & behaviour. Once a pupil has earned enough points they are awarded a certificate during school assembly to celebrate all their hard work. In the last 2 weeks these pupils have received;

**Bronze (75 points) -**

**Silver (150 points) -**

Year 1 – Jude, Anabela, Diesel, Amelia, Brian and Teddy

Year 3 – Lucien, Dakota and Reuben

Year 4 – Amelia and Esmae

Year 5 - River

**Ruby (225 points) -**

Year 1 - Albie

Year 2 - Elham

Year 3 – Denis, Amelie, Arthur and Zach.C

Year 4 - Julia

Year 6 - Giovana and Lucas

**Gold (300 points)** Year 4 – Chloe and Merit

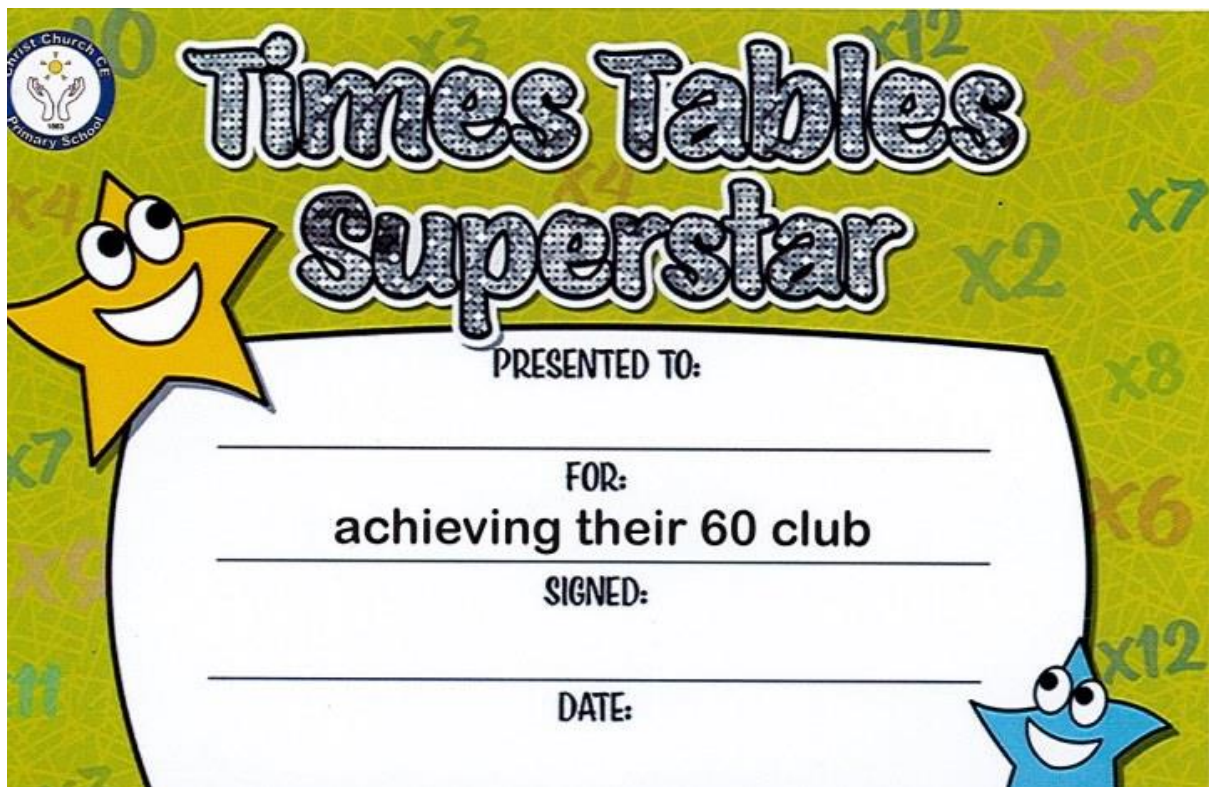
**Sapphire (375 points)**

**Platinum (450 points)**

**Gemstone (525 points)**

**Rainbow (600 points)**

Times Tables Superstars!



We celebrate 50 Club and 60 Club for times tables. In the last 2 weeks the following pupils have been awarded their club certificates;

**60 Club:** Year 4 - Sophie and Chloe

Year 6 - Billy and Lucas

## 50 Club:

## STAR READER



In the last two weeks the following pupils have been awarded:

### Reading 50 times at home:

Year EYFS – Aliz

Year 2 - Brian

Year 3 - Reuben

Year 4 - Leon

### Reading 100 times at home:

Year EYFS – Biel

Year 1 - Heidi and Tiffany

Year 2 - Lily

Year 4 - Merit

### Reading 150 times at home:

Year 1 - Piotr and Yoanna

Year 5 - William, Vera and Zeynep

## Headteachers Awards



**Last week;** EYFS - Barney for his first independent piece of writing, he wrote a sentence about a red rocket.

**This week;** Year 3 - Ilene and Lucien for a superb geography work on 'the journey of a river'.

## Stars of the Week & Star Writer



Our Star of the week awards are awarded weekly to pupils and staff.

Last week;

**Our pupil Star of the Week was:** Jude for showing such bravery this week.

**Our adult Star of the Week was:** Miss Spear for always encouraging and celebrating the children's reading.

**Our Star Writer was:** Lucien for amazing writing in his letter, he tried super hard with his handwriting.

This week;

**Our pupil Star of the Week was:** Blanka for her incredible maths.

**Our adult Star of the Week this week was:** Mrs Foxen for her brilliant organising of science week.

**Our Star Writer was:** Lily for an extraordinary piece of story writing with amazing details and beautiful handwriting.



**Quick guide to  
FREE SCHOOL MEALS**

**WHO IS ELIGIBLE?**  
If you receive any of these you will qualify:

- ✓ Income support
- ✓ Income-based Jobseeker's Allowance (JSA)
- ✓ Income-related Employment and Support Allowance (ESA)
- ✓ support under Part VI of the Immigration and Asylum Act 1999
- ✓ The guaranteed element of Pension Credit
- ✓ Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- ✓ Working Tax Credit run-on, paid for four weeks after you stop qualifying for Working Tax Credit
- ✓ Universal Credit with annual take home pay/net earnings below £7,400 (which equals £616.67 per month); benefits not included.

**WHAT IS FREE SCHOOL MEALS?**

Free school meals from Reception to Year 6,  
Free holiday provision during the Christmas, Easter and Summer holidays through the  
Holiday (Activities and Food (HAF) programme),  
and help towards uniform & school trips.

To apply visit  
<https://n-somerset.gov.uk/my-services/schools-learning/local-schools/free-school-meals> or scan the QR code



**Christ Church CE Primary School**  
We are here to help  
If you need any help applying or have any questions, please visit the school office.  
Call: 01934 620738 Email: [office@christchurchprimaryschool.org](mailto:office@christchurchprimaryschool.org)

**TERM 1**

Starts: Tuesday 2<sup>nd</sup> September 2025  
Ends: Friday 24 October 2025

**TERM 2**

Starts: Monday 3 November 2025  
Ends: Friday 19 December 2025

**TERM 3**

Starts: Monday 5 January 2026  
Ends: Friday 13 February 2026

**TERM 4**

Starts: Monday 23 February 2026  
Ends: Thursday 2 April 2026

**TERM 5**

Starts: Monday 20 April 2026  
Ends: Friday 22 May 2026

**TERM 6**

Starts: Monday 1 June 2026  
Ends: Wednesday 22 July 2026



**PLEASE NOTE THAT THE SCHOOL WILL BE CLOSED ON:**

Friday 3 April 2026 – Good Friday

Monday 6 April 2026 – Easter Monday

Monday 4 May 2026 - May Bank Holiday

**INSERVICE DAYS – THE SCHOOL WILL ALSO BE CLOSED TO CHILDREN ON:**

Tuesday 2nd September 2025

Friday 24th October 2025

Friday 19th December 2025

Monday 5th January 2026

Monday 23<sup>rd</sup> February 2026

Monday 1<sup>st</sup> June 2026



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