

End of Year Newsletter

22nd July 2026

'Let your light shine' Matthew 5:16



FROM THE HEADTEACHER

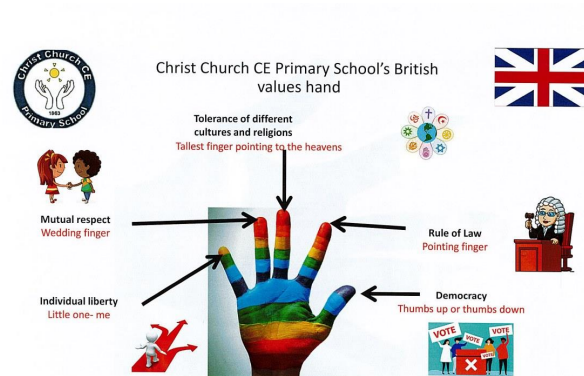
Good afternoon everyone,

Today we said 'goodbye' to our year 6's, Miss Smith and Mrs Gregory. We watched a lovely year 6 service in church this morning and enjoyed clapping each one out this afternoon after lots of t-shirt signing!

I want to wish you all a lovely summer and see you Monday 7th September!

Regards

Mr Kerry James



The Importance of a Healthy Packed Lunch in Primary School

A healthy packed lunch plays a vital role in supporting a child's growth, learning, and overall well-being. Primary school children are at a stage where their bodies and brains are developing rapidly, and the food they eat directly impacts their energy levels, concentration, and long-term health. Even small changes make a big difference.

Why is a Healthy Packed Lunch Important?

- **Boosts Concentration and Learning:** Nutritious meals provide steady energy, helping children stay focused during lessons.
- **Supports Growth and Development:** Essential vitamins, minerals, and proteins aid in physical growth and brain development.
- **Encourages Good Habits:** Introducing balanced meals early helps children develop lifelong healthy eating habits.
- **Reduces Risk of Illness:** A diet rich in fruits, vegetables, and whole grains strengthens immunity.

What Makes a Healthy Packed Lunch?

A balanced lunch should include:

- **Protein:** Lean meats, boiled eggs, beans, or hummus for growth and repair.
- **Whole Grains:** Wholemeal bread, wraps, or pasta for sustained energy.
- **Fruit and Vegetables:** Apple slices, carrot sticks, cherry tomatoes for vitamins and fibre.
- **Dairy or Alternatives:** Low-fat yogurt or cheese for calcium.

- **Healthy Drink:** Water or milk instead of sugary drinks.

Example Healthy Lunch Box:

- Wholemeal sandwich with turkey and salad or alternative fillings.
- A small pot of low-fat yogurt
- A handful of grapes
- Carrot sticks
- Include a small sweet treat but not a bag of sweets

Here are example **practical tips for parents** to make healthy packed lunches easy and appealing:

Tips for Packing Healthy Lunches

1. **Plan Ahead:** Prepare ingredients the night before to avoid rushed choices in the morning.
2. **Include Variety:** Mix colours and textures—fruits, crunchy veggies, whole grains, and proteins.
3. **Make It Fun:** Use cookie cutters for sandwiches or add colourful fruit skewers to make lunch exciting.
4. **Limit Processed Foods:** Avoid high content sugary snacks; opt for natural alternatives like popcorn or fruit
5. **Portion Wisely:** Keep portions child-sized to prevent waste and overeating.
6. **Get Kids Involved:** Let children help choose fruits or assemble wraps—they're more likely to eat what they helped make.
7. **Balance Treats:** An occasional small treat is fine, but keep it minimal compared to healthy items.

Important dates for the diary 2026:

2021 Thursday		2021 Thursday	
08		TASKS	☐
09			☐
10			☐
11			☐
12			☐
13			☐
14			☐
15			☐
16			☐

You can now find our new website at; www.christchurchprimaryschool.org¹

If you click on the globe icon on the left you will be able to select a language in which you wish to view it.

Have a lovely summer all, we will miss the year 6 class, Miss Smith and Mrs Gregory and look forward to welcoming Ms Bassett and our new reception class in September. Thank you all for your support over the last year and lovely gifts today, from Mrs Ramsay and Mrs Baxter!

Monday 7th September

Term 1 begins for this school year, as Thursday 3rd and Friday 4th September are Inset days.

¹<https://www.christchurchprimaryschool.org>



Future Stars are available for half term bookings!

Future Stars After School Provision coming to an end.

Dear Parents and Carers,

We would like to take this opportunity to thank all the families who have supported our Future Stars After School Club over the past year. We have greatly appreciated your continued support and the enthusiasm shown by the children who have attended the club.

Unfortunately, due to budget constraints, together we have made the difficult decision that Future Stars After School Club will no longer be available from September this year. We understand that this news may be disappointing, this was not a decision we made lightly.

We would like to reassure parents that our other after-school clubs will continue as normal from September, including Art Club, Little Kickers and Multi Sports. We look forward to welcoming children to these clubs and continuing to provide a range of enjoyable after-school activities.

Thank you once again for your understanding and continued support.

Kind regards,

Mr James

Headteacher

Christ Church CE Primary School

Big Brush Club Survey!



Calling All Parents and Guardians:

Tell us about your Big Brush Club experience!

Please complete the parent and guardian survey online by scanning the QR Code below. It only takes 2 minutes and makes a BIG difference!

Your answers are confidential; we will use them only to support your child's participation.



**Thank You For Participating in
Big Brush Club!**

Why your survey matters?

- Helps us understand your child's needs
- Supports better oral health for all children
- NHS requires this to be done as a part of the programme
- To answer any oral health questions you may have around your child

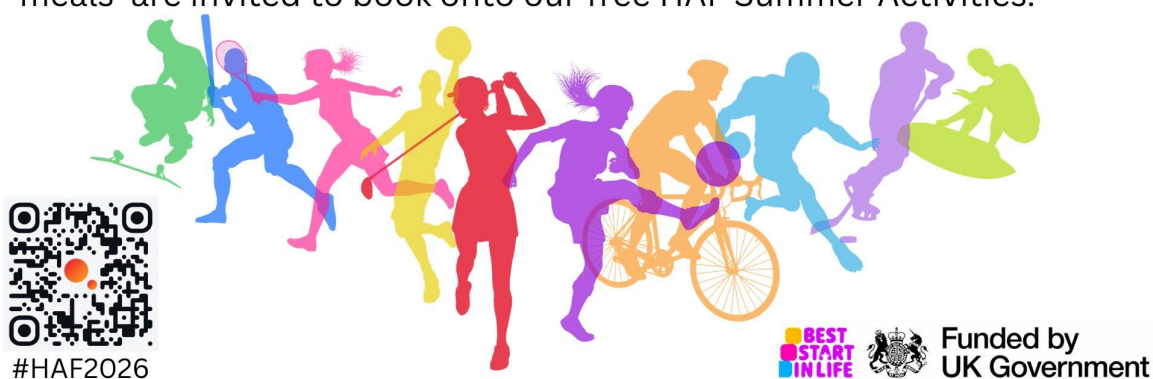


HAF Bookings are live



Bookings are now LIVE!

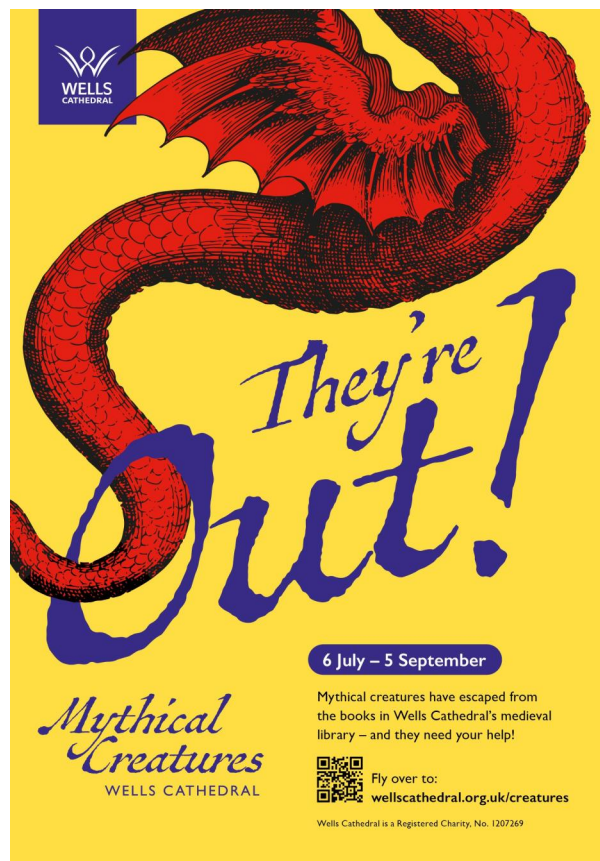
Children and young people who receive benefits related free school meals are invited to book onto our free HAF Summer Activities.



For more information about HAF please visit: <https://eequ.org/northsomersethaf>

HAF bookings are now live for the summer holidays, for eligible children or children in receipt of free school meals.

Wells Cathedral



Christ Church Family Holiday Club!

KINGDOM BUILDERS



Come and join the construction crew as we study and build on the 'blueprints' for the Kingdom of God!

We'll be exploring the who, what, where, when, how and why of this Kingdom and discover that it's the 'who' that unlocks the answers – Jesus!!

We'll have building challenges, puppets, games, crafts, songs and time to explore the amazing Bible stories we hear along the way! There will be drinks and snacks and everyone gets a packed lunch at the end of the session.

Kingdom Builders is for the whole family and there will be something for all ages to engage with. **Children must be accompanied by an adult.**

Our sessions are spread out through the summer holidays and will run from 10:30am – 12noon.

Dates: Wednesdays on 29th July, 5th August, 12th August and 19th August 2026.

Kingdom Builders Celebration Service on Sunday 23rd August at 10:30am.



Registration for families will be open on our website from Sunday 21st June: go to <https://ccwsm.org.uk/events/> and click on the Kingdom Builders (+) tab and complete the registration form. Look out for an email confirming your place from Nicky, Family Ministry Worker (family.ministry@ccwsm.org.uk²)

Christ Church

16 Montpelier, Weston-super-Mare BS23 3RH

www.ccwsm.org.uk³ Tel: 01934 641016

Summer Reading Challenge

North Somerset has been selected by **The Reading Agency** as this year's winning library authority for our **Literacy Wall Art prize** linked to the **Summer Reading Challenge 2026**.

North Somerset Council has decided to award the prize to the school with the **highest percentage of pupils completing the Summer Reading Challenge** over the summer holidays.

²<mailto:family.ministry@ccwsm.org.uk>

³<http://www.ccwsm.org.uk/>

The challenge begins on **4th July** and is a fantastic way to encourage children to keep reading during the break, with pupils able to take part through local libraries and online by logging the books they read.

The winning school will receive a fully bespoke literacy Wall Art project from Promote Your School, including design, print and installation. Projects can include book-themed artwork, author quotes, library graphics and reading inspiration, all designed specifically for your school.

The more pupils your school has completing the challenge, the greater your chance of winning the Wall Art prize, so it's well worth encouraging pupils and families to get involved over the summer holidays.

One North Somerset school will definitely win, and it could be yours. Find out more here⁴.

To help promote the Challenge in your classroom, you can get exclusive access to a **full bundle of classroom resources** designed to help you seamlessly integrate the Challenge into your school. You'll receive an assembly presentation, printable posters, activities and newsletter templates for parents and carers. Sign up here⁵.

If you'd like any more information about the Wall Art prize, feel free to get in touch.

I wish you all the best of luck and happy reading!

Many thanks,

Valentino??

⁴https://email.comms.promoteyourschool.co.uk/c/eJyUzzFuwyAUgOHTwBIVwbMNzsDQxXOXduhG4Dk4MX7WA1fy7atlvUAP8H_Sn_yQECV640ajTef6XmYfnE0AOCPCALpZi6itgTSaNLh4i4NcPGiw2uqr6TWAUUKP1w4tAuA4xuBEryOVUtXOVKjhsQfXmIIWFUkdT7n63NpeRfcuYBlwIYW4PIWklmD6-Jwfbv6udhMwPZH5VI9QsL7UzEttMR8c885LCXz-ucR3AZNk_49ANv8VVtzastGIHqUgXxhDWrb75XX4pq388fAbAAD_z2zYK0

⁵https://email.comms.promoteyourschool.co.uk/c/eJyUz79uhyAUxfGngcWUwPUPOjB0MU26Nt0RbsQqYi5o6ts3Jn2B33xyPsnXm9YjciRK90qqWicNDwZrr33d-gmdWukbDYMtAYIJzc8G18MSOhkJwfvSAAIvGyHGjsEwL53VrNGuhRjFgelmAre6aTsQkqbcEmcK99MKOXlrH5nMDIYMVm3rcKlyGCK34_P-fq69MlgXJHoFi82Yn7UQEsuLpzkwkFLtHT_u4lmBiMn88KBF_NtN9zLsqcqnzEiVYTWL_tcPYVvsuOXgb8AAAD_yCzYLA



Valentino Zoboli Consultant

Promote Your School+44 (0)7746 251348 Cinnamon House, Cinnamon Park, Warrington,
WA2 0XP

www.PromoteYourSchool.com⁶

Taking Care of Your Mental Health



⁶https://email.comms.promoteyourschool.co.uk/c/eJyUz8FqrDAUxvGnSTbDDcejk5hFFsMFt92UQpdpPE6sxtiTWPDti9AX6Prj-8F_dPeRSJJrTN9A05guk9FR68IMegLt8cNOurf3th87sAYm78HI2SGgBg226QCxUSPcbUuaEKnvgeig5BTkmrnnHKIMx9cQsx5VSGrY5Gri7XuRbQPgYPagblP66JCTgKH1xd42K_4f1aFmI-1adPVC418lxqiAeHuPOcPJ-_buanwEGy-8NBVvmV9rqvOVbOVIivjH5cd6et6vwH2j57fAnAAD_-SvYBU



Client journey

- Any risk or safeguarding concerns are passed to parent, school safeguarding team, Social Care or GP as appropriate
- Clients have 12 counselling sessions of 50 minutes, this can be extended for 6 or more sessions (costs £15 per session)
- Clients have 5 listening sessions of 35 minutes each, this can be extended x 5 (free)



Contact Details

For self-referrals:

reception@wellspringcounselling.org.uk

01275 810879

For info:

<https://wellspringcounselling.org.uk>

Find us on Facebook and Instagram

WATER SAFETY THIS SUMMER



WATER SAFETY

Most people who are rescued from water have entered accidentally.



WATER SAFETY

Most people who are rescued from water have entered accidentally.

Slipping, tripping or falling whilst running, walking or cycling.



How?



WATER SAFETY

Some people put themselves in danger by choosing to swim and jump into water where it is not safe.

Strong currents, dumped rubbish, strong winds, pollution and water temperatures can all be hidden dangers.



EVEN THE STRONGEST SWIMMERS CAN GET INTO TROUBLE IN THE WATER

Hurting themselves when they fall in

Getting caught on hazards hidden below the water's surface

Getting caught in strong currents

Suffering from cold water shock



COLD WATER SHOCK

Falling or jumping into water at this temperature causes dangerous responses in your body:

Panicking & gasping for air

Numbing of arms & legs

Feeling confused

Increased heart rate

All of which stop you being able to swim!

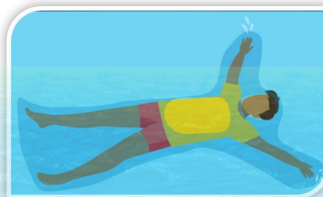
Even in the middle of summer, the water in rivers, lakes and canals rarely rises above 12 degrees.



FLOAT TO LIVE

If you get into trouble in the water, make sure you know how to 'Float to Live'.

- Lie back in a starfish shape
- Move arms & legs gently to stay afloat
- Calm your breathing
- Shout for help





AVON
FIRE & RESCUE

SOMEONE STRUGGLING IN WATER

Should you enter the water to help a person or an animal in trouble?

NEVER!



AVON
FIRE & RESCUE

SOMEONE STRUGGLING IN WATER

If you jump in to help, you put yourself in danger too!

NEVER!



ALWAYS
Call 999

If you are at the beach the coastguard will come to help you.

If you are at inland open water the fire service will come to help you. This includes rivers, lakes, canals, quarries and reservoirs.



AVON
FIRE & RESCUE

WHAT SHOULD YOU DO IN A WATER EMERGENCY?

Call 999 immediately

Tell the person to lie on their back and 'Float to Live'

Throw something that floats – safety equipment or even a football!



AVON
FIRE & RESCUE

STAYING SAFE AT THE BEACH

Look for the red and yellow flags and swim between these



Never use inflatables – it's very easy to be blown out to sea - save these for the pool instead

Stay within your depth and only enter the water if there is a lifeguard



AVON
FIRE & RESCUE

STAYING SAFE ON THE WATER

Always wear a lifejacket if you are taking part in any kind of activity on the water.





SAFETY EQUIPMENT NEAR WATER

When you're near water, look around to see if there is any safety equipment just in case you need it.

Each place you go might have different safety advice displayed too.

You might see...



SAFETY EQUIPMENT NEAR WATER



A lifebuoy



A rescue cabinet



Safety signs



SAFETY EQUIPMENT NEAR WATER

Question Time

1. What should you do if you are in trouble in the water?



FLOAT TO LIVE

2. What number do you call if someone needs help in the water?

999

3. What should you wear when you are doing a water activity?



Life Jacket

4. Where is safe to swim?



Where there is a Lifeguard

5. Should you ever enter the water to help someone in trouble?



Never



SAFETY EQUIPMENT NEAR WATER

A QUICK REVIEW

- ALWAYS call 999 if someone is struggling in the water
- You should NEVER enter the water to help someone struggling
- FLOAT TO LIVE saves lives
- Even strong swimmers get into trouble in the water
- There are hidden dangers in all types of water
- You should always wear a life jacket when doing a water activity
- Look out for safety equipment and advice near the water
- Stay away from the water's edge when walking, running or cycling
- ALWAYS swim where there is a Lifeguard



SAFETY EQUIPMENT NEAR WATER

Remember...



1. NEVER enter the water to help someone
2. ALWAYS call 999 and wait for help
3. Water is fun but ALWAYS dangerous

Inset Days & Bank Holidays for 2025-2026:



The Inset dates 2026 confirmed are:

Thursday 3rd September

Friday 4th September

Friday 18th December

Term Dates 2026-2027



Term 1 –Thursday 3rd September 2026 INSET DAY

Friday 4th September 2026 INSET DAY

Term 1 begins Monday 7th September 2026 to Friday 23rd October 2026

Term 2 - Begins Monday 2nd November 2026 to Thursday 17th December 2026

Friday 18th December 2026 INSET DAY

Term 3 - Monday 4th January 2027 INSET DAY

Term 3 begins Tuesday 5th January 2027 to Friday 12th February 2027

Term 4 - Monday 22nd February 2027 INSET DAY

Term 4 begins Tuesday 23rd February 2027 to Thursday 25th March 2027

Term 5 - Begins Monday 12th April 2027 to Friday 28th May 2027

Term 6 - Monday 7th June 2027 INSET DAY

Term 6 begins Tuesday 8th June 2027 to Friday 23rd July 2027

Mystery Readers Wanted!



Mystery Readers Wanted!

Wednesdays @ 2:40pm



Who is this
masked
reader???

WHO?

All parents, older siblings, grandparents, relatives, or other special people! Surprise your child by being a "Mystery Reader" this year in our classroom.

WHY?

Students LOVE having their family, friends, and relatives visit our classroom to share in our learning by reading a favorite story aloud to our class.

WHAT?

Mystery readers can bring a book from home or read a teacher chosen book from our class library.

Sign up here:



1 - PLEASE GET IN TOUCH IF YOU ARE INTERESTED IN GIVING US A BIT OF YOUR TIME AS WE DON'T HAVE ANY SIGNED UP FOR TERM 5 AT PRESENT. WE WOULD BE VERY GRATEFUL IF YOU OR ONE OF YOUR FAMILY MEMBERS WOULD LIKE TO POP IN! (USUALLY LASTS AROUND 20 MINUTES)

Dear Parents / Carers,

Children LOVE having their family, friends and relatives visit their school to share in their learning. Beginning Wednesday 12th November, we would like to invite any parents, older siblings, grandparents, relatives, or other special people to surprise your child by being a 'Mystery Reader' in our classrooms.

Mystery Readers will visit us on Wednesdays at 2.40pm each week. However, if a Mystery Reader needs a different time to suit their schedule, we will be glad to accommodate if we can! Don't hesitate to get in touch with the class teacher on ClassDojo if this is the case.

Once you've signed up for a date to come and read to your child's class, you can start thinking of a book you would like to bring to read. If you don't have a book, we will gladly supply one for you.

Reading is highly valued in our classroom and inviting parents into our community of readers strengthens the home-school connection that is so important in helping the children grow as readers.

If you or someone in your family would like to participate, please complete this form:

<https://forms.gle/SXSqvZkULpPWLUPT6>

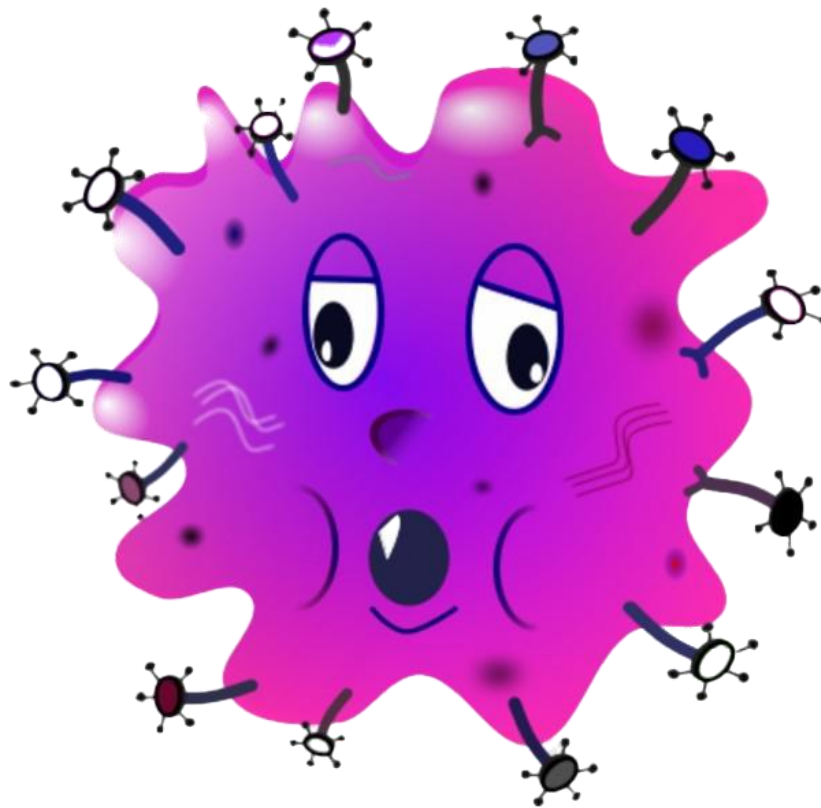
Your child's class teacher will then confirm the date with you via ClassDojo or through a phone call. Please wait for this confirmation before attending the school.

Your child will be SO excited that you or someone in your family participated, but remember to keep it 'top secret' until your big day arrives!

Thank you in advance for your help with this project

Aaron Rogers Key Stage 2 Leader English Coordinator

Reducing the Spread of Illness / Flu Immunisation



Link to useful information from The Education Hub.

<https://educationhub.blog.gov.uk/2025/10/reducing-the-spread-of-illness-this-winter-seven-steps-to-healthier-schools-and-higher-school-attendance/>

PLEASE NOTE THAT SCHOOL FLU INMMUNISATION PROGRAM IS ON 14TH NOVEMBER.

The flu vaccination is for all students from Reception to Year 11, please remember to complete the consent form whether you do or do not want the vaccination at <https://imms.sirona-cic.org.uk/flu/2025/consent?v=4>

Aspens Spring/Summer 2026 Menu



A copy of our traditional Spring/Summer menu that began Monday 20th April on week 2 can be found on our website along with an allergen menu.

LUNCHTIME					
WEEK 1 Spring/Summer 2026 13/04/26, 04/05/26, 25/05/26, 15/06/26, 06/07/26, 27/07/26, 17/08/26, 07/09/26, 28/09/26, 19/10/26					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	PRIMARY TRADITIONAL
Macaroni Cheese	Homemade Sausage Roll with Wholegrain Rice Salad	Roast Chicken, Stuffing, Skin on Roasties and Gravy	Cottage Pie	Golden Fish Fingers or Salmon Fingers and Chips	
Mixed Bean Fajitas with Wedges	Veggie Sausage Roll with Wholegrain Rice Salad	Cauliflower & Broccoli Cheese Bake, Skin on Roasties and Gravy	Shepherdless Pie	BBQ Veggie Wrap with Chips	
Vegetable Sticks	Mixed Salad	Carrots and Peas	Mixed Greens	Baked Beans and Peas	
Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	
Orange Squash Cupcake	Strawberry Jelly	Peach Upside Down Cake and Custard	Chocolate Cinnamon Cake	Banana Cookies	
What impact has your meal had on planet Earth today? Very Low Low Medium High Very High AVAILABLE DAILY DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT PASTA SWIRLER AVAILABLE EVERY DAY TOPPED PASTA HOT PASTA TOPPED WITH HOMEMADE TOMATO SAUCE & CHEESE					

FOOD FESTIVAL

WEEK 2
Spring/Summer 2026
20/04/26, 11/05/26, 01/06/26,
22/06/26, 13/07/26, 03/08/26,
24/08/26, 14/09/26, 05/10/26

LUNCHTIME

PRIMARY
TRADITIONAL



THE
MAIN
EVENT



MEAT-FREE
MAGIC



RAINBOW
ALLEY



BIG
TOPPING



DESSERT
TROLLEY

What impact has your meal
had on planet Earth today?



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese and Tomato Pizza Slice with Wedges	Bangers and Mash	Roast Gammon, Skin on Roasties and Gravy	Beef Whole Grain Pasta Bolognese	Golden Fish Fingers and Chips
Cheddar & Tomato Puff Pastry Tart with Wedges	Veggie Bangers and Mash	Tomato & Lentil Layer Bake, Skin on Roasties and Gravy	Veggie Whole Grain Pasta Bolognese	Cheesy Bean Wrap with Chips
Vegetables Sticks	Green Beans and Sweetcorn	Carrots and Cabbage	Mixed Salad	Baked Beans and Peas
Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo
Lemon Shortbread Fingers	Orange Jelly	Apple Sponge and Custard	Oaty Peach Crumble Slice	Chocolate Krispie Date Squares

AVAILABLE DAILY
DAILY SALAD BOWL, FRESHLY BAKED
BREAD, YOGHURTS AND CUT FRUIT

PASTA
TWIRLER
AVAILABLE
EVERY DAY
TOPPED PASTA
HOT PASTA TOPPED WITH
HOMEMADE TOMATO SAUCE
& CHEESE

FOOD FESTIVAL

WEEK 3
Spring/Summer 2026
27/04/26, 18/05/26, 08/06/26,
29/06/26, 20/07/26, 10/08/26,
31/08/26, 21/09/26, 12/10/26

LUNCHTIME

PRIMARY
TRADITIONAL



THE
MAIN
EVENT



MEAT-FREE
MAGIC



RAINBOW
ALLEY



BIG
TOPPING



DESSERT
TROLLEY

What impact has your meal
had on planet Earth today?



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese and Tomato Pizza Slice with Wedges	Creamy Chicken Meatballs and Rice	Roast Pork, Skin on Roasties and Gravy	Minced Beef & Onion Pie with Mash	Golden Fish Fingers and Chips
Macaroni Cheese	Vegetable Ratatouille with Rice	Med Veg Wellington, Skin on Roasties with Gravy	Root Vegetable and Bean Stew with Mash	Vegetable Fingers with Chips
Vegetable Sticks	Sweetcorn and Cabbage	Carrots and Green Beans	Mixed Greens	Baked Beans and Peas
Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo
Sweet Potato Chocolate Brownie	Raspberry Jelly	Treacle, Pear & Ginger Cake with Custard	Date and Sunflower Seed Muesli Bars	Vanilla Cookies

AVAILABLE DAILY
DAILY SALAD BOWL, FRESHLY BAKED
BREAD, YOGHURTS AND CUT FRUIT

PASTA
TWIRLER
AVAILABLE
EVERY DAY
TOPPED PASTA
HOT PASTA TOPPED WITH
HOMEMADE TOMATO SAUCE
& CHEESE

ATTENDANCE THIS WEEK



GATE OPENS: 08:35

REGISTER: 08:45

REGISTER CLOSES: 08:50 - **CHILDREN ARRIVING AFTER THIS TIME WILL BE LATE AND CLASSED AS AN UNAUTHORISED LATE MARK FOR THE MORNING. TEN OF THESE WILL RESULT IN A FINE.**

Please phone 01934 620738 or email the School Office on office@christchurchprimaryschool.org⁷ before 9am on each day of your child's absence with a reason. If they are unwell, we will need to know their symptoms and you may be asked to provide medical evidence. We also need to know of any absences as early as possible each day for the register to be updated for fire safety reasons.

The Whole School Attendance this week was 95%

We would like to remind all families of the importance of punctuality at both the start and end of the school day. Arrival after the register has closed results in an unauthorised late mark, in line with school policy. **Any children that arrive once the gate has been closed, will need to be signed in by the parent/carer dropping them off, please remember to shut the gate when you enter and leave.**

We have also seen an increase in late collections at the end of the day, with staff frequently supervising pupils well beyond the end of the school day, we appreciate there can be exceptional circumstances and we will always ensure your child remains safe in school.

⁷<mailto:office@christchurchprimaryschool.org>

We kindly ask that all parents and carers ensure children arrive on time each morning and are collected promptly at the designated time. Your support helps us maintain a smooth, safe and positive environment for all pupils.

Getting your child to school on time really matters		
If in a school year your child is late everyday	Your child would have lost approximately	Or they would have missed approximately
*****	*****	*****
5 Minutes	3 days from school	16 lessons lost
10 Minutes	5 days from school	32 lessons lost
15 Minutes	8 days from school	48 lessons lost
20 Minutes	11 days from school	63 lessons lost
30 Minutes	16 days from school	95 lessons lost




Should I keep my child off school?

Yes

	Until...
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance
To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minftec>.



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TIPS FOR FAMILIES

Place2Be's
CHILDREN'S MENTAL HEALTH WEEK

1 Encourage journaling

Just like Riley, encourage your older children and young people to express their emotions and thoughts through journaling. It can be less confronting than speaking out loud and is a helpful way to process what is going on.

2 Make space for reflection

When children and young people reflect on their different emotions, it can help them better understand themselves and what they need. Go for a walk, drive, or try some mindful colouring or baking together.

3 Be visual

Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings.

4 Practice mindfulness

Try mindful activities, and quiet family time, to enjoy being in the present moment. This can help children and young people be aware of their thoughts and emotions and learn a useful new coping technique.

5 Communicate

Feedback is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.



If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives – from FAQs to downloadable packs. [Here4You.co.uk](https://www.here4you.co.uk)



At the National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and digital citizenship. For further guides, hints and tips, please visit [nationalcollege.com](https://www.nationalcollege.com).

What Parents & Educators Need to Know about SCAMS AND FAKE NEWS

"Fake news" refers to fabricated or misleading material presented as a legitimate account of events, is often used by malicious actors online to push on agendas, or even by criminals as a way of making scams more persuasive. Scammers can trick us into handing over personal information, security details and even our hard-earned cash.

WHAT ARE THE RISKS?

"CLICKBAIT" PHISHING SCAMS

A message arrives saying "Have you seen this amazing product?" or "You might be owed an attention-grabbing headline about a celebrity that's been shared on social media. This kind of 'bait' is produced by scammers to draw us in to click on a website link, where malware could be downloaded to our device. These scams rely on our curiosity and our "need for know" instinct.

SALES, DEALS & DISCOUNTS

Some scammers appear as adverts, offering a chance to buy something – such as designer products, expensive gadgets or tickets to an event – at a low price. Scams prey on our desire to get a good deal, and our urge to hurry so we don't miss out on the deal. This pressure encourages us to give personal details or payment information before pausing to check if it's legitimate.

YOU'RE A WINNER!

This kind of scam involves fake giveaways, opportunities or prizes. It could be a message saying we've won a prize or a competition, or it could be a pop-up on a website. Scams are often designed to look like a prize or a competition, but they're actually a way to trick us into giving out personal information, such as our name, address, date of birth, or even our bank details. If we're not careful, we could be scammed out of our money.

HAPPENS NOW

Scammers often pretend to be someone we know, such as a friend or family member, to gain our trust. They might use a photo of a friend or family member to make the scam look more believable. Scammers can also use a friend's name to make the scam look more believable. Scammers can also use a friend's name to make the scam look more believable.

FALSE FRIENDSHIPS

Scammers often pretend to be someone we know, such as a friend or family member, to gain our trust. They might use a photo of a friend or family member to make the scam look more believable. Scammers can also use a friend's name to make the scam look more believable. Scammers can also use a friend's name to make the scam look more believable.

PANIC MODE

To trigger a sense of panic, scammers may claim that a child's account has been hacked, or a virus has been installed on their device, or any number of other scary scenarios. They may claim to be able to fix the problem or offer a solution. If the child hands over control of the device or sensitive information, similar scams may happen again in the future.

FAKE CELEBRITY ENDORSEMENTS

Impersonating influential people online is a common tactic for scammers, who can use technology to create fake photos, quotes and even videos that look authentic. These can be used to convince us, for example, to buy products, sign up for a service, or even to give out personal information. Scammers can also use the names of celebrities to make the scam look more believable.

Advice for Parents & Educators

STAY INFORMED

Stay up to date with the latest information and best practice on cyber security. See what news stories are reported in the news and make sure you're aware of the risks. Talk to your child about what they're doing online and what they've seen. Encourage children to report anything that seems suspicious to you or to a trusted adult.

ENCOURAGE HEALTHY SKEPTICISM

Most scams rely on emotional or psychological manipulation, tapping into our human instincts – whether that's to keep ourselves safe, help others, find evidence, make friends, avoid being put at risk or to avoid something we really want. Encourage children to recognise that pressure to act and to always consult with an adult – especially if what's on offer sounds too good to be true.

TALK TOGETHER

Chat often and openly with young people about fake news, online scams and how they can stay safe. Encourage them to look for any clues or anything they're unsure of or worried about online. Encourage them to report anything that seems suspicious to you or to a trusted adult. Encourage them to report anything that seems suspicious to you or to a trusted adult.

BE PROACTIVE

Children increasingly use digital devices for education, socialising, shopping and play. Don't wait for a problem to arise before you discuss the risk of scams, fake news and online safety. Highlight advice to look out for and clearly communicate what you can do to help them stay safe. Encourage them to report anything that seems suspicious to you or to a trusted adult.

Meet Our Expert

Dr Kelly French is a Senior Lecturer of Online Media Law at a leading expert in digital safety, media law and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal and ethical considerations for the digital age. Visit [onlinemedialaw.co.uk](https://www.onlinemedialaw.co.uk) for more.



Source: www.nationalcollege.com | www.wakeupwednesday.com | www.here4you.co.uk | www.onlinemedialaw.co.uk

Follow us on social media: @wake_up_weds, www.thenationalcollege, @wakeupwednesday, @wakeupweds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 05.02.2025



Christ Church C of E Primary School

Attention parents of Christ Church!

OPAL PLAY DONATIONS NEEDED!

We are enriching our OPAL play program and need your help.

Do you have any of the following items at home that you could donate?

- Buckets & Spades
- Plastic Containers
- Dressing Up Clothes
- Old Phones
- Keyboards
- Cable drums
- Children's Umbrellas
- Saucepans, frying pans & kitchen utensils

Every little bit helps! Thank you for supporting our children's playtime adventures!

The Play Types

Supporting school improvement through play www.outdoorplayandlearning.org.uk

Natural Loose Parts

Acorns	Grass	Leaves	Logs	Pine Cones	Rain & Water	Sand
Snow	Shells	Soil	Sticks	Stones	Wild Flowers	Wood Cookies

Upcycled Loose Parts

Baking Pans	Cake Moulds	Ice Cube Trays	Kitchen Tools	Measuring Spoons	Pots & Pans	Strainers
Baskets	Cable Spools	Cardboard Items	Cones	Containers	Corrugated Pipes	Dress-Up Items
Fabric	Funnels	Milk Crates	Nets	Old Electronics	Pool Noodles	PVC Pipes
Rolling Carriers	Ropes	Shovels & Spades	Sinks & Tubs	Tarps	Tires & Wheels	Wooden Planks

Let My Light Shine!



Personal Best certificates have now been replaced by Let My Light Shine Achievement certificates. These achievement certificates will be awarded to children who have been recognised for their hard work and values.

Last week the following pupils that have received them are;

Nurture Hub:

EYFS:

Year 1:

Year 2:

Year 3:

Year 4:

Year 5:

Year 6:

DOJO CERTIFICATES



Dojo points are Christ Church Primary School's own way of rewarding pupils for outstanding work & behaviour. Once a pupil has earned enough points they are awarded a certificate during school assembly to celebrate all their hard work. In the last 2 weeks these pupils have received;

Bronze (75 points) -

Silver (150 points) -

Ruby (225 points) -

Gold (300 points) -

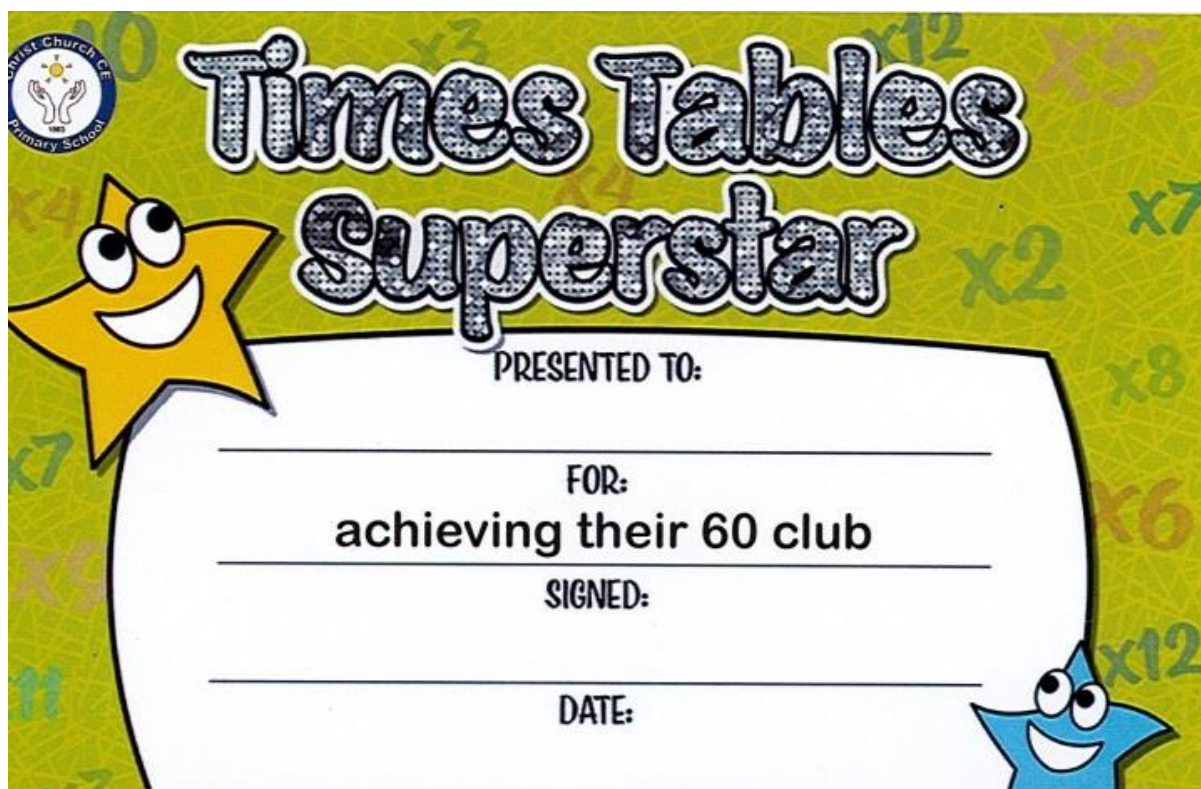
Sapphire (375 points) -

Platinum (450 points)

Gemstone (525 points)

Rainbow (600 points)

Times Tables Superstars!



We celebrate 50 Club and 60 Club for times tables. In the last 2 weeks the following pupils have been awarded their club certificates;

60 Club:

50 Club:

STAR READER



Star reader certificates are awarded for reaching 50 plus reads at home. They are awarded with a star pin badge at 100 plus reads. This week the following pupils reached their;

Reading 50 times;

Reading 100 times (bronze);

Reading 150 times (silver);

Reading 200 times (gold);

Reading 250 times (Invite for tea with the headteacher);

Headteachers Awards



Stars of the Week & Star Writer



Our Star of the week awards are awarded weekly to pupils and staff.

Last week and this week;

Our pupil's Star of the Week was:

Our staff Star of the Week was:

Our Star Writer of the Week was:

Quick guide to FREE SCHOOL MEALS

WHO IS ELIGIBLE?

If you receive any of these you will qualify:

- ✓ Income support
- ✓ Income-based Jobseeker's Allowance (JSA)
- ✓ Income-related Employment and Support Allowance (ESA)
- ✓ support under Part VI of the Immigration and Asylum Act 1999
- ✓ the guaranteed element of Pension Credit
- ✓ Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- ✓ Working Tax Credit run-on, paid for four weeks after you stop qualifying for Working Tax Credit
- ✓ Universal Credit with annual take home pay/net earnings below £7,400 (which equals £616.67 per month) benefits not included.

WHAT IS FREE SCHOOL MEALS?

Free school meals from Reception to Year 6,
Free holiday provision during the Christmas, Easter and Summer holidays through the Holiday (Activities and Food (HAF) programme), and help towards uniform & school trips.



To apply visit
<https://n-somerset.gov.uk/my-services/schools-learning/local-schools/free-school-meals> or scan the QR code





We are here to help

If you need any help applying or have any questions, please visit the school office.
 Call: 01934 620738 Email: office@christchurchprimaryschool.org

TERM 1

Starts: Tuesday 2nd September 2025
 Ends: Friday 24 October 2025

TERM 2

Starts: Monday 3 November 2025
 Ends: Friday 19 December 2025

TERM 3

Starts: Monday 5 January 2026
 Ends: Friday 13 February 2026

TERM 4

Starts: Monday 23 February 2026
 Ends: Thursday 2 April 2026

TERM 5

Starts: Monday 20 April 2026
 Ends: Friday 22 May 2026

TERM 6

Starts: Monday 1 June 2026
 Ends: Wednesday 22 July 2026

PLEASE NOTE THAT THE SCHOOL WILL BE CLOSED ON:

Friday 3 April 2026 – Good Friday

Monday 6 April 2026 – Easter Monday

Monday 4 May 2026 - May Bank Holiday

INSERVICE DAYS – THE SCHOOL WILL ALSO BE CLOSED TO CHILDREN ON:

Tuesday 2nd September 2025

Friday 24th October 2025

Friday 19th December 2025

Monday 5th January 2026

Monday 23rd February 2026

Monday 1st June 2026



